



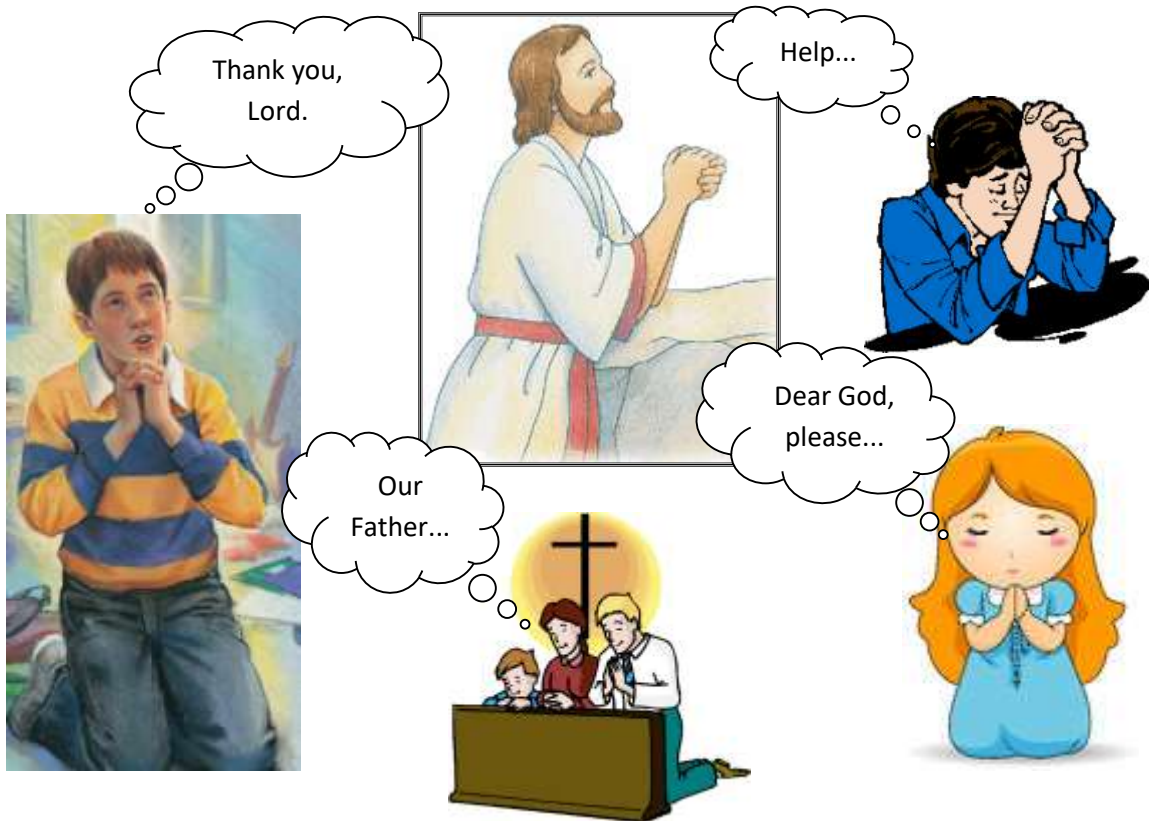
# St. Nicholas Catholic Primary School



# Prayer Book

for

# Junior Children



Name \_\_\_\_\_

# MY SCHOOL & ME



## St. Nicholas School Prayer

“This is our school,  
Let peace live here,  
Let the rooms be full of happiness.



Let love live here,  
Love of one another,  
Love of life and love of God.



Help us remember,  
That as many hands build a house,  
So many hearts make a school.”

## Millennium Prayer

God of our life,  
we bring you our gratitude for so many blessings in the past,  
for so much progress achieved by human endeavour,  
and the good use of our talents.

We ask forgiveness for the greed which has caused war,  
for the disunity in families and local communities,  
for the exploitation of the environment and people.

We ask for wisdom to move into the new year,  
with a greater appreciation of your gifts,  
and a deeper willingness to live and work together,  
for the good of all.

## Sign of the cross

In the name of the Father,  
and of the Son,  
and of the Holy Spirit,  
Amen.



## Morning Prayers

O my God, you love me,  
You're with me night and day,  
I want to love you always,  
In all I do and say,  
I'll try to please you Father,  
Bless me through the day.  
Amen.

Today Lord,  
Open my eyes to see  
your goodness in all things.  
Open my ears to hear  
the needs of others.  
Open my mouth to speak  
words of kindness.  
Open my mind  
to all I learn and experience,  
Today Lord, be in my heart!  
Amen.

## Grace before meals

Bless us, O Lord,  
and these thy gifts,  
which we are about to receive,  
through Christ our Lord,  
Amen.



## Grace after meals

Thank you, God, for the food we have eaten,  
Thank you, God, for all our friends,  
Thank you, God, for everything,  
Thank you, God,  
Amen.

## Night Prayers

God our Father, we come to say,  
thank you for your love today,  
thank you for my family,  
and all the friends you give to me,  
guard me in the dark of night,  
and in the morning send your light.  
Amen.



# *The Our Father...*

(The Lord's Prayer)

*Our Father,  
who art in heaven, hallowed be thy name,  
thy Kingdom come, thy will be done,  
on earth, as it is in heaven,  
give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.*

*Amen.*



# *The Hail Mary...*

(Prayer to Our Lady)

*Hail Mary,  
full of grace, the Lord is with thee,  
blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, mother of God,  
pray for us sinners,  
now and at the hour of our death,  
Amen.*



# *Glory Be To The Father...*

*(The Trinity Prayer)*

*Glory be to the Father,  
and to the Son,  
and to the Holy Spirit,  
as it was in the beginning,  
is now and ever shall be,  
world without end.  
Amen.*

## *Prayer to the Holy Spirit*

*Come, Holy Spirit, fill the hearts of your faithful,  
and enkindle in them the fire of your love.  
Send forth your Spirit and they shall be created.  
And you shall renew the face of the earth.*

*Let us pray.*

*O God,  
who has taught the hearts of the faithful by the light of the Holy Spirit,  
grant that by the gift of the same Spirit we may be always truly wise,  
and ever rejoice in His consolation, through the same Christ our Lord.  
Amen.*



## Prayer to the Holy Spirit

Holy Spirit,  
I want to do what is right.  
Help me.



Holy Spirit,  
I want to live like Jesus.  
Guide me.



Holy Spirit,  
I want to pray like Jesus.  
Teach me.

## Act of Sorrow

(Used during Confession)

O my God, because you are so good,  
I am sorry that I have sinned against you,  
and by the help of your grace, I will not sin again.  
Amen.

O my God, I thank you for loving me,  
I am sorry for all my sins,  
for not loving others and for not loving you.  
Help me to live like Jesus and not sin again.  
Amen.



## Prayer after Penance

God our Father,  
thank you for forgiving me,  
help me to love others,  
help me to live as Jesus asked me to.  
Amen.

# I Confess...

I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have failed to do,

(And striking their breast, they say:)  
through my fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.





## Prayers Before Communion

Lord Jesus, come to me.

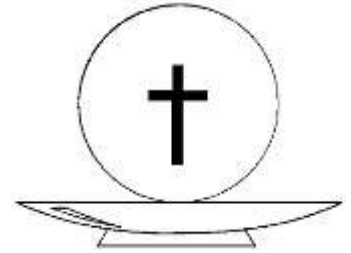
Lord Jesus, give me your love.

Lord Jesus, come to me and give me yourself.

Lord Jesus, friend of children, come to me.

Lord Jesus, you are my Lord and my God.

Praise to you, Lord Jesus Christ.



## Prayers After Communion

Lord Jesus, I love and adore you,  
you're a special friend to me.

Welcome, Lord Jesus, O welcome,  
thank you for coming for me.

Thank you, Lord Jesus, O thank you,  
for giving yourself to me.

Make me strong to show your love,  
wherever I may be.

I'm ready now, Lord Jesus,  
to show how much I care.

I'm ready now to give your love,  
at home and everywhere.

Be near me, Lord Jesus, I ask you to stay,  
close by me forever and love me I pray.

Bless all us children in your loving care,  
and bring us to heaven to live with you there.



# The Holy Rosary

1. The sign of the cross.

2. The Apostles Creed.

I believe in God the Father Almighty, creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; Who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell. On the third day He arose again, according to the scriptures; He ascended into heaven and is seated at the right hand of the Father; He will come again in glory to judge the living and the dead, his Kingdom will have no end. I believe in the Holy Ghost, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

3. The Our Father. The Hail Mary. Glory be to the Father.

4. The Fatima Prayer.

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those in most need of Your Mercy.

5. The Joyful Mysteries.

- The Annunciation
- The Visitation
- The Birth of Our Lord
- The Presentation of Jesus
- The finding of the Child Jesus in the Temple

6. The Sorrowful Mysteries.

- The Agony in the Garden
- The Scourging at the Pillar
- The Crowning with Thorns
- The Carrying of the Cross
- The Crucifixion and Death of Jesus

7. The Glorious Mysteries.

- The Resurrection
- The Ascension
- The Coming of the Holy Spirit
- The Assumption of Mary into Heaven
- The Crowning of Our Lady as Queen of Heaven



## 8. Hail Holy Queen.

Hail, Holy Queen, mother of mercy,  
Hail our life, our sweetness and our hope,  
To you do we cry, poor banished children of Eve,  
To you do we send our sighs, mourning and weeping in this vale of tears,  
Turn then most gracious advocate, your eyes of mercy towards us,  
And after this our exile, show us the blessed fruit of thy womb, Jesus.  
O clement, O loving, O sweet Virgin Mary.

Leader: Pray for us, O Holy Mother of God.

Response: That we may be made worthy of the promises of Christ.

Leader: Let us pray.

O God, whose only begotten Son, by his life, death and resurrection,  
Has purchased for us the rewards of eternal life,  
Grant we beseech you, that meditating on these Mysteries in the most Holy  
Rosary of the blessed Virgin Mary,  
We may both imitate what they contain and obtain what they promise,  
Through the same Christ our Lord.  
Amen.



## The Stations of the Cross

1. Jesus is condemned to death.
2. Jesus receives the cross.
3. Jesus falls for the first time.
4. Jesus meets his mother.
5. Simon of Cyrene helps Jesus to carry the cross.
6. Veronica wipes the face of Jesus.
7. Jesus falls for the second time.
8. Jesus speaks to the woman.
9. Jesus falls for the third time.
10. Jesus is stripped of his garments.
11. Jesus is nailed to the cross.
12. Jesus dies on the cross.
13. Jesus is taken down from the cross.
14. Jesus is laid in the tomb.



At each station, think about the suffering of Jesus. Then say;  
one Our Father, one Hail Mary and one Glory be to the Father,  
followed by this prayer;

O Jesus, who for love of me did bear your cross to Calvary,  
in thy sweet mercy grant to me, to suffer and to die with thee,

I love you, Jesus my love, above all things,  
I repent with my whole heart of having offended you,  
never permit me to separate myself from you again.

Grant that I may love you always,  
and then do with me what you will.

## The Angelus

Leader: The Angel of the Lord declared unto Mary.

Response: And she conceived of the Holy Spirit.

All: Hail Mary...

Leader: Behold the handmaid of the Lord.

Response: Be it done unto me according to thy word.

All: Hail Mary...

Leader: And the Word was made flesh.

Response: And dwelt among us.

All: Hail Mary...

Leader: Pray for us, O Holy Mother of God.

Response: That we may be made worthy of the promises of Christ.

All: Lord, fill our hearts with your love,  
and as you revealed to us by an angel,  
the coming of your Son as man,  
so lead us through his suffering and death,  
to the Glory of His Resurrection,  
for he lives and reigns with you and the Holy Spirit,  
one God, forever and ever.

Amen.



## The Magnificat

My soul glorifies the Lord,  
my spirit rejoices in God, my Saviour,  
he looks on his servant in her lowliness,  
henceforth all ages will call me blessed.

The Almighty works marvels for me,  
Holy is His name!  
His mercy is from age to age,  
on those who fear him.

He puts forth his arm in strength,  
and scatters the proud-hearted,  
he casts the mighty from their throne,  
and raises the lowly.

He fills the starving with good things,  
sends the rich away empty,  
he protects Israel, His servant,  
remembering His mercy,  
the mercy promised to our fathers,  
to Abraham and his sons forever.  
Amen.



### Faith

O my God, I believe in you,  
and in all that your Holy Church teaches,  
because you have said it and your word is true,  
Jesus, you are the Christ, the son of the living God,  
You are my Lord and my God,  
Lord, I believe, increase my faith.

### Hope

O my God, I put my hope in you,  
because I am sure of your promises,  
deliver us, Lord, from every evil,  
and grant us peace in our day,  
as we wait in joyful hope,  
for the coming of our Saviour, Jesus Christ.

### Charity

O my God, I love you with all my heart,  
with all my soul,  
and with all my strength,  
Lord, increase our love,  
help us to love one another.

## The Memorare

Remember, O most loving Virgin Mary, that it is a thing unheard of,  
that anyone ever had recourse to your protection, implored your help,  
or sought your intercession and was left forsaken.

Filled therefore, with confidence in your goodness,  
I fly to you, O Mother, Virgin of Virgins.

To you do I come, before you I stand a sorrowful sinner.

Despite not my poor words, O Mother of the Word of God,  
but graciously hear and grant my prayer.

Amen.

## The Creed.

I believe in one God, the Father almighty,  
maker of heaven and earth, of all things visible and invisible.  
I believe in one Lord Jesus Christ, the Only Begotten Son of God,  
born of the Father before all ages.

God from God, Light from Light,  
true God from true God,

Begotten, not made, consubstantial with the Father;  
through him all things were made.

For us men and for our salvation

he came down from heaven, *All bow.*

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried,

and rose again on the third day

in accordance with the Scriptures.

He ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory

to judge the living and the dead

and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son,

who with the Father and the Son

is adored and glorified,

who has spoken through the prophets.

I believe in one, holy, catholic and apostolic church.

I confess one Baptism for the forgiveness of sins

and I look forward to the resurrection of the dead

And the life of the world to come.

Amen.

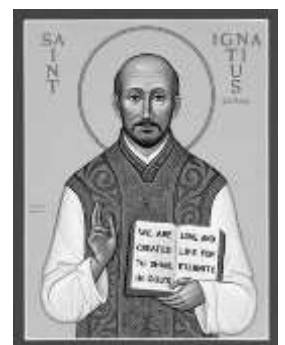


## The Gloria

Glory to God in the highest,  
and on earth peace to people of good will.  
We praise you, we bless you, we adore you, we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King, O God, almighty Father.  
Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world, have mercy on us;  
you take away the sins of the world, receive our prayer;  
you are seated at the right hand of the Father, have mercy on us.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit, in the glory of God the Father.  
Amen.

## Prayer of St. Ignatius

Dearest Lord,  
teach me to be generous;  
teach me to serve You as You deserve;  
to give and not to count the cost,  
to fight and not to heed the wounds,  
to toil and not to seek for rest,  
to labour and not to ask for reward  
save that of knowing I am doing Your most holy will.



## Prayer of St. Francis of Assisi

Lord, make me an instrument of your peace.

Where there is hatred, let me sow love;

where there is injury, pardon;

where there is doubt, faith;

where there is despair, hope;

where there is darkness, light;

where there is sadness, joy;

O Divine Master, grant that I may not so much seek,

to be consoled as to console;

to be understood as to understand;

to be loved as to love.

For it is in giving that we receive;

it is in pardoning that we are pardoned;

and it is in dying that we are born to eternal life.



## Prayer to the Guardian Angel

Angel sent by God to guide me,  
be my light and walk beside me,  
be my guardian and protect me,  
on the paths of life direct me.  
Amen.



## Prayer for the Dead

Eternal rest grant unto them, O Lord,  
and let perpetual light shine upon them,  
may they rest in peace.  
Amen.

May their soul,  
and the souls of all the faithful departed,  
through the mercy of God,  
rest in peace.  
Amen.

